

Project Name: bReady Kit Tag

Grade Level: K-6

All bReady lesson plans are designed with the purpose of increasing students' awareness of disaster and emergency preparedness.

Purpose: Students will learn the importance of creating an emergency and disaster preparedness kit and what items belong in a bReady kit.

Materials needed:

- Large space for students to play tag (example-school gym, playground)
- Identification for taggers to wear (example-referee shirts)
- Printable kit items attached (can also use actual items)
- Large sheet of paper to act as bReady kit container (can also use actual container)
- Clue sheet (cut out individual clues 1-6) attached

Duration: 30-45 minutes

Instructions:

- Begin by reviewing the bReady kit. Discuss what each item can be used for and why it is important to include in a bReady kit. Also, touch on the importance of knowing important addresses, phone numbers, and contacts in case of an emergency. Visit www.bReadySD.com for more information.
- Choose 2 taggers who will wear some type of identification. Use referee shirts if available. You can also use 2 students that are wearing the same color shirt.
- Divide the rest of the students into equal groups (4-6 students per group works best).
- In the center of the large space, place cut out kit items (or actual items). Mix all items together so they have to search for specific items they need.
- Next, set up a station for each team an equal distance from the center. Direct teams to their area and give each team a large sheet of paper to act as bReady kit container (or actual container) and the clue sheet.
- Each group will form a line by their station. This is the order they will be allowed to visit the center to obtain an item at the center of the space. Only one student from each team is allowed to visit the center at a time.
- On signal, students from each team attempt to run to the center circle to retrieve a kit item to take back to their team without getting tagged.
- If they are tagged by the taggers going to or coming back, they must place their kit item back in the center, return to their team and allow the next person in line to attempt.
- The center circle is a "Safe Zone". Once the runner enters that safe area they are free to look through and decide on a kit item to take back to their team without worrying about being tagged. As soon as the runner leaves the center circle to return to their team they again become fair game for the taggers to go after.
- If they successfully make it back to their team without being tagged, the team decides what clue the item solves and places it with the appropriate clue on the large sheet of paper acting as the bReady kit container (or actual container).
- The first team to solve all of the clues and complete their bReady kit wins.
- Remind students that these are not the only items that belong in a bReady kit and that they can put together a blood kit at home with the help of family and friends by using www.bReadySD.com.

Adaptations: Use real kit items instead of cut outs for a more realistic activity.

References: www.bReadySD.com

bReady Kit Items Print and cut out a set for each team





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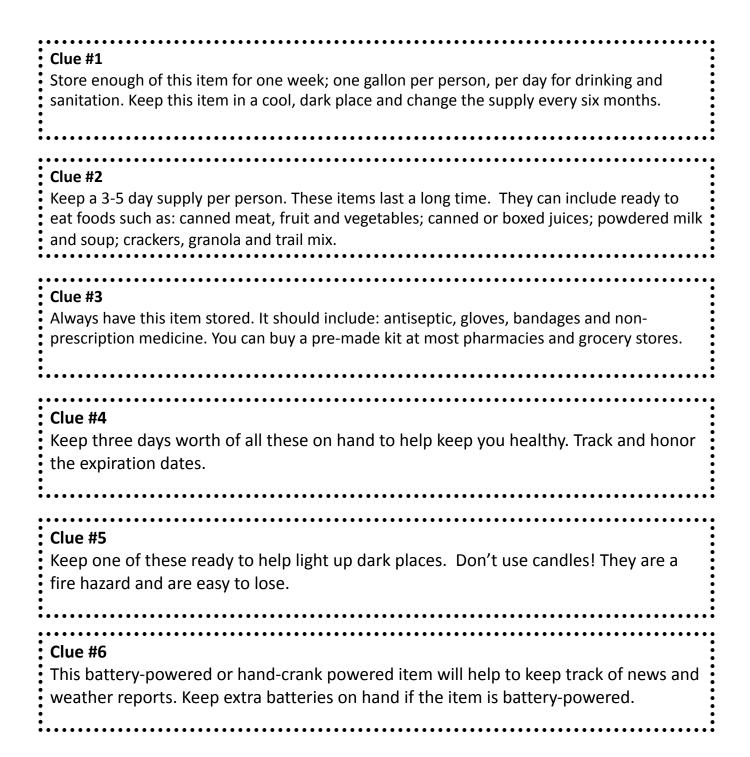
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bReady Kit Clue Sheet

Print one set for each team. Cut out individual clues.



bReady Kit Answer Key

Clue #1: Water

Store enough of this item for one week; one gallon per person, per day for drinking and sanitation. Keep this item in a cool, dark place and change the supply every six months.



Clue #2: Nonperishable Food

Keep a 3-5 day supply per person. These items last a long time. They can include ready to eat foods such as: canned meat, fruit and vegetables; canned or boxed juices; powdered milk and soup; crackers, granola and trail mix.



Clue #3: First Aid Kit

Always have this item stored. It should include: antiseptic, gloves, bandages and non-prescription medicine. You can buy a pre-made kit at most pharmacies and grocery stores.



Clue #4: Prescription Medicines

Keep three days worth of all these on hand to help keep you healthy. Track and honor the expiration dates.



Clue #5: Flashlight

Keep one of these ready to help light up dark places. Don't use candles! They are a fire hazard and are easy to lose.



Clue #6: Radio

This battery-powered or hand-crank powered item will help to keep track of news and weather reports. Keep extra batteries on hand if the item is battery-powered.

